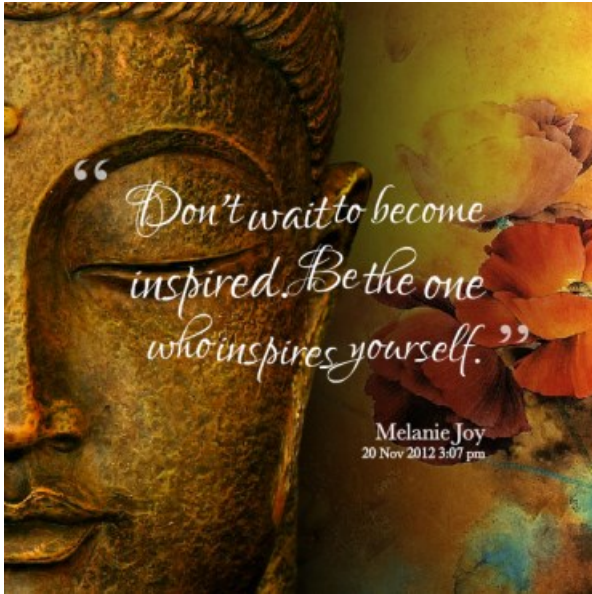


## Be Your Own Valentine Party!

We had this back in February complete with chocolate and champagne!!



Sometimes being inspired is all you need to help you move forward. The goal of workshops is to help you realize YOU can be that inspiration!



# *Emerge. center*



Offering painting workshops for all kinds of motivations! Learn some painting techniques, creative visioning and transforming your self views through intentional creativity.

Deb Montgomery  
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# EMERGE WORKSHOPS

## TRANSFORMING THROUGH INTENTIONAL CREATIVITY



Surprising things can happen when  
you truly believe in yourself!

### Creative Classes:

- Tree of Life
- Your Inner Muse
- Inspirational Quote Painting
- Rage/Relax
- Meditative Fingerpainting

### Painting Parties:

- Family Tree
- Dragonfly Painting
- Abstract Butterfly Painting
- Abstract Colors
- Abstract flower

### WORKSHOPS OR PAINTING PARTIES

Options that are available are painting parties complete with drinks and snacks, just a good time learning new techniques and painting a simple picture.

Also available are the more interesting workshops that encourage painting as a way of expressing your intentions creatively. Intentions might be a goal you have in mind or a just the intent to get back in touch with yourself, your family, your spiritual side.

I would like to have 8 –10 people per class and project that classes would be \$30-35 depending on whether drinks are also served.

Email me anytime: [Emerge.center@outlook.com](mailto:Emerge.center@outlook.com)

Find a class @: [www.Emerge.center](http://www.Emerge.center)



Or find me on facebook: Emerge

Deb Montgomery  
720-789-0026



When fear knocks at your door, open it, look at it straight into its eyes and call in the part of you that has been around the longest: your spirit. Spirit is love itself. Put down your guard and ask to be loved. This simple act is all it takes. Let love take care of you.

I want you to know that you already ARE radiant and wise. I want you to know what a miracle you are. The fact that you're here, on this planet, in this body, at this time, is jaw-dropping, awe-inspiring magic. There is a divine spark in you – an inner glow – that the world needs or you wouldn't be here. I want you to look in the mirror and see your light shining back at you. I want you to see yourself and your life with the eyes of love. Because this kind of love? It changes everything.

*Shine!*

The 2 images on this page are examples of multimedia works using inspiring quotes. They are a simple and very freestyle way of creating an inspiring piece of art for your home and inspiring yourself in whatever way you wish!